

• Mala • Mantra •
• Meditation • Gong •



Strengthen your connection & motivation for a committed, regular practice.

Mala (pray) beads are encouraged but not necessary. Meditate with mantras.

Explore Kirtan Kirya; Sa Ta Na Ma, accompanied by Gong.

Some props available. Feel free to bring whatever will allow for your comfort.



\$10 (pre-pay to reserve space) or drop-in 7pm 06.08.18

Led by Claudia [Chandradev]

Community Altar for blessing your amulets/talisman/crystals/photos/jewels/etc..

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